

Christie Davis

Vocal Tools!

Name	Procedure	Sensation
"O" around lips	Take the thumb and index finger and make an "o" around the lips.	Keeps lips in place, maintaining the tallness other vowel. Forces tongue to form sounds as an articulator instead of the lips.
Flow Finger	Puff cheeks out like a blowfish, add index finger to lips. Blow, add note,, take away finger.	The focus is airflow over notes, used as a gauge to see where airflow is decreasing throughout the phrase and on certain notes (high ones for me) also immediately engages with head voice.
Raspberry	Allow tongue to rest outside the mouth with lower lip curled underneath. Create a megaphone shape with the jaw, ensuring that the teeth does not touch the younger. Seal the top lip to the tongue and blow.	Plenty, plenty of airflow.. lifts sound and opens up the entire head
Lip Trill	Normal lip roll with the addition of the hands on each corner of the mouth to prevent cheek movement.	Should sound like a motor... movement should be focused on lips instead of cheeks... engages diaphragm.
Pinched lip trill	Normal lip trill with the addition of the left hand supporting the checks in both sides of the mouth and the right hand pinching the nose.	Feel resonance in the space above the ball of the nose and the mask to keep sound forward instead of falling to the back of the throat, creating vocal breaks.
Snore	Shape face into a snarl and inhale directly onto the soft pallets, causing it to move.	Places sound above the jawline and in front of the eyes.
Reverse snore	Shape face into snarl and exhale, causing soft palate to move.	Places sound above the jawline and in front of the eyes.
Bottle blowing	Put lips on opening of bottle and blow lightly, vocal chords may meet naturally, but there is a prioritization of airflow over notes.	Focuses on the quality of the airflow being produced... letting the vocal folds naturally meet helps address problem of onsets before phrases.

Name	Procedure	Sensation
Queen Voice	Spoken with a light, hooty quality that contains tall vowels.	Placement involved in speaking this mimics a a bit darker and headier sound
"Hey, how y'a doin'?"	Said with a nasal tone focused on the space above the ball of the nose.	Placement involved in speaking this mimics placement for brighter tone.
Gargling	Gargle with the focus of sending the sensations into the mask rather than the back of the throat.	Relaxes throat while centering sound into the mask.
Vocal fry	Vocal fry lightly in notes, do not add weight to the sound	Remove weight from voice by easing throat tension.